

**Tillsonburg Hockey Mom's Spring 3 on 3 League  
Registration Form – 2014**

**\*\*\* Circle Division you want to play in**

**\*\*\*** Depending on numbers, tyke and novice may be mixed. If Tyke is separated they will play 4 on 4.

**Tyke: 2009-2008**

**Novice: 2007, 2006**

**Atom: 2005, 2004**

**Pewee: 2003, 2002**

**Bantam/Midget: 1997-2001**

**Player Contact Information:**

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
D / M / Y

Address: \_\_\_\_\_  
Street City

Postal Code Phone: \_\_\_\_\_

E-Mail: \_\_\_\_\_ Male: \_\_\_\_\_ Female: \_\_\_\_\_

**2013-14 Ice Hockey Experience:**

Goalie: \_\_\_\_ Forward \_\_\_\_ Defence \_\_\_\_ Centre \_\_\_\_  
No Experience \_\_\_\_ House League \_\_\_\_ AE \_\_\_\_ REP \_\_\_\_ A \_\_\_\_ AA \_\_\_\_ AAA \_\_\_\_

Parent Interested in Helping Coach: Yes \_\_\_\_ No \_\_\_\_ if yes email \_\_\_\_\_

If Yes, please provide parent name/number(s): \_\_\_\_\_

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Starting April 5<sup>th</sup>, 2014, 8 games over 8 weeks and a jersey to keep.

Number of players per team and number of teams will be based on registration, we reserve the right to amend the teams and schedule **at any time** to allow for balancing of the divisions and schedule.

A waiver must be signed prior to play. **Registration Deadline: March 1<sup>st</sup>, 2014**

This style of hockey *should* provide each player with more opportunities to handle, pass, and shoot the puck than in regular 5 aside hockey. Goaltenders can get much more action than usual, due to the opportunities created by so much open ice.

Cost: **\$110** per player, Cash or cheque (made payable to Tillsonburg Hockey Mom's)

**Registration in person : Saturday March 1<sup>st</sup> @ the Tillsonburg Arena (Community Centre)**

45 Hardy Ave. Tillsonburg, ON N4G3W9 9am- 1pm (in front of mini pad)

or Mail Registration and cheque or money order payable to:

Tillsonburg Hockey Mom's, 49 Dereham Drive, Tillsonburg, ON, N4G2B1

Cheques may be postdated until March 1st, 2014: A \$25 fee will be charged to any NSF cheque.

## Tillsonburg Hockey Moms Spring 3 on 3 Hockey Rules

### **Section One: Governing Play**

- (a) All CHA rules are in effect unless otherwise stated.
- (b) Full CSA approved equipment must be worn by all registered players. This includes helmets, facemasks and neck guards.

### **Section Two: Teams**

- (a) Only registered players on team rosters may play.
- (b) A team shall be composed of, no more than, nine (9) skaters and one (1) goalie. Team Entries, as absolute last resort for competitive balance, may be subject to roster adjustments when the league rebalances. And if need be adjust # of players on the team.
- (c) Game sheets must be filled out prior to game start time. The order of players, will determine the order of shooters, for penalty shots (if any) at the end of the game.
- (d) Teams must start the game with a minimum of five (5) players ie. 4 skaters and 1 goalie; or they forfeit the game and points.
- (e) Each team will play with four (4) players on the ice.
- (f) If a goalie is absent, the team may borrow a goalie from another team in their division or bring up a goalie from a lower division.
- (g) A team that is trailing by five (5) or more goals, at any time, will be allowed one (1) additional skater for the remainder of the game or until the goal differential is less than 5.

### **Section Three: Rules of Play**

- (a) All games will be NON-BODYCHECKING.
- (b) **Tyke's** will play 3-10 minute running time periods, **all other divisions** will play 1 ten min period, and 2 fifteen minute running time periods. With a 2 minute warm-up.
- (c) Face-offs will occur only at the beginning of each period or in case of coincidental penalties (see Minor Penalties).
- (d) At all other times when the puck leaves the playing surface, it shall be restarted immediately with possession given to the team that did not cause it to go out of play & at a spot near the stoppage but not in the offensive zone.
- (e) When play is stopped due to the goalie controlling the puck or a goal was scored, a whistle will signal the attacking players to vacate the zone. Once all the attackers have exited the zone, the players may re-enter to resume play immediately. They may not challenge the opposition until they have all exited the zone. Attacking prematurely may result in a penalty for the offending team.
- (f) There is no centre-ice (red) line, and therefore no icing calls.
- (g) All offside plays at the blueline will be deemed delayed offside and the referee will call for the offending players to release the puck and exit the zone. Once all the offending players have exited the zone together, they may re-enter the offensive zone.
- (h) Teams do not switch ends after each period.
- (i) No time-outs will be allowed during the regular season play. Each team will receive one (1) time-out in the semi-final and final games.
- (j) Teams may pull their goalie for an extra attacker only in the last 3 mins of a game. Goalies cannot play past the blue line.
- (k) There will be no overtime in any regular season games - they will end in a tie.
- (l) **Each player is only allowed to score a maximum of 5 goals in any given game. (This includes play-off games as well).**

### **Section Four: Minor Penalties**

- (a) All penalties will result in a penalty shot situation at the end of the game. The referee will place the puck on the centre face-off spot and the remaining players will line up, stationary, at their respective benches. Penalty shots accrued will be taken at the end of each game in the order of players listed on the game sheet. If a team has accumulated 5 or more penalties, only the difference in the number of shots will be taken by the team with the least penalties. Example: Team 1 has 6 penalties against, Team 2 has 2 penalties against. Team 2 takes 4 shots. If both teams are shooting - shots will be taken simultaneously.
- (b) Coincidental penalties shall result in a faceoff at centre ice.
- (c) Any player having been assessed three (3) minor penalties in the same game will be automatically ejected from that game.
  - i. Players ejected with five (5) minutes left to play in the game shall be assessed a further game misconduct.
  - ii. If a player is ejected during a second game under the same circumstances as (c) that player will be served a further one (1) game suspension.
  - iii. A third ejection will result in a disciplinary hearing with the Convenor for further suspension or possible expulsion from the league.
- (d) Body checking penalties will be deemed as two (2) offences on the scoresheet. Two (2) body checking penalties in the same game will result in the immediate ejection from that game plus a further game misconduct.

### **Section Five: Major Penalties**

- (a) Major penalties will result in the immediate ejection of the offending player(s) and suspension pending further review by the Convenor. Minimum 1 game suspension.
- (b) Fighting majors will result in the penalized players being expelled from the league indefinitely pending further review by the Convenor. Minimum 3 game suspension.
- (c) Any player expelled from the league will receive NO refund.

### **Section Six: Coaches, Managers**

- (a) Up to (3) three coaches, assistants or trainers, per team may be on the bench.
- (b) Coaches are required to make every effort to ensure EQUAL ICE TIME for all 3 on 3 participants and there is to be no shortening of the bench.
- (c) Any bench personnel having been ejected from a game, for any reason, will be automatically suspended for a minimum 1 game and subject to further review for possible expulsion from the league. Our league stresses **SPORTSMANSHIP & FUN!**

**INAPPROPRIATE BEHAVIOUR, CONDUCT OR LANGUAGE WILL NOT BE TOLERATED!**

**AMATEUR ATHLETIC WAIVER AND RELEASE OF LIABILITY**

**Participant's Name:** \_\_\_\_\_

In consideration of being allowed to participate in any way in the **3 on 3 Spring Hockey League**

**Tillsonburg Hockey Mom's** athletic/sports program, related events and activities, the undersigned acknowledges, appreciates, and agrees that:

**1.** The risk of injury from the activities involved in this program is significant, including the potential for permanent paralysis and death, and while particular rules, equipment, and personal discipline may reduce this risk, the risk of serious injury does exist; and,

**2.** I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES or others, and assume full responsibility for my participation; and,

**3.** I willingly agree to comply with the stated and customary terms and conditions for participation. If however I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the nearest official immediately; and,

**4.** I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE AND HOLD HARMLESS **Tillsonburg Hockey Mom's** ,

their officers, officials, agents and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and, if applicable, owners and lessors of premises used to conduct the event ("Releasees"), WITH RESPECT TO ANY AND ALL INJURY, DISABILITY, DEATH, or loss or damage to person or property, WHETHER CAUSED BY THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE.

I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

**Participants under 18 yrs of age skip to section below.**

X \_\_\_\_\_

**PARTICIPANT'S SIGNATURE**

X \_\_\_\_\_ **Date Signed:** \_\_\_\_\_

**WITNESS**

**FOR PARTICIPANT'S OF MINORITY AGE  
(UNDERAGE 18 AT TIME OF REGISTRATION)**

This is to certify that I, as parent/guardian with legal responsibility for this participant, do consent and agree to his/her release as provided above of all the Releasees, and, for myself, my heirs, assigns, and next of kin, I release and agree to indemnify the Releasees from any and all liabilities incident to my minor child's involvement or participation in these programs as provided above.

X \_\_\_\_\_

**PARENT/GUARDIAN'S SIGNATURE EMERGENCY PHONE NUMBER**

X \_\_\_\_\_ **Date** \_\_\_\_\_

**WITNESS**